

<b>F R O M</b>	Name & Title	Name of Principal:  _____	<b>PERMISSION MEMO 2023-2024</b>
		Signature: _____	
	<u>School</u> ✓ Name ✓ Address ✓ Telephone		
	Date  Time	_____	
	Subject	<i>Lessons in a Lunch Box: Healthy Teeth Essentials &amp; Facts About Snacks®</i>	

**To: Teachers for Grades 2 and 3, faculty and staff:**

In partnership with our Elementary School, The Children’s Oral Health Institute will offer the *Lessons in a Lunch Box: Healthy Teeth Essentials & Facts About Snacks®* program for 2<sup>nd</sup> and 3<sup>rd</sup> grade students. This memo is developed to give The Children’s Oral Health Institute permission to present this program through members and nonmembers of organized dentistry. By way of this memo, permission is granted for all students in 2<sup>nd</sup> and 3<sup>rd</sup> grades to participate in this instructional, and interactive oral health education program. This includes permission to take photographs. Students that cannot be photographed will be removed when pictures are being taken.

We understand the *Lessons in a Lunch Box* program includes all 2<sup>nd</sup> and 3<sup>rd</sup> grade children receiving a decorative, educational lunch box covered inside and outside with health education content. The inside illustrates and explains flossing and brushing and the FDA Food Plate. This lunch box is coupled with a portable dental hygiene products case. This includes instructions and the professionally recommended trio of oral care products.

The content of the lunch box includes, (1) one pediatric toothbrush, (2) one, ~ .85 ounce (24 grams) tube of toothpaste, and (3) a sample of dental floss (12 yards/10.9M) or individual pediatric flossers. These are stored inside of, (4) Dental Care in a Carrot®. This transportable, dental hygiene products case is designed in the likeness of a carrot. This case includes the screw-on top that doubles as the rinse cup. It also includes a plastic mirror constructed of Mylar® film and provides illustrated brushing and flossing instructions. Both the lunch box and carrot case are constructed out of plastic.

Educational videos, flossing and brushing demonstrations, and a question and answering period will occur to discuss oral health care, diet behaviors and careers in dentistry. Leading dental organizations are acknowledged on the outside of the lunch box along with the corporations and other entities that help to support this program.

Thank you for your willingness to incorporate oral health education and exposure to dental careers in your classroom instruction. Explore the compiled resource reference, *Code Red: The Oral Health Crisis in Your Classroom©*, and identify other oral health education materials and resources to include in your lesson plans. Please visit [www.mycohi.org](http://www.mycohi.org) to learn more about the *Lessons in a Lunch Box. Healthy Teeth Essentials & Facts About Snacks®* program.

cc: The Children’s Oral Health Institute | Owings Mills, Maryland | 866-508-7400 | [www.info@mycohi.org](http://www.info@mycohi.org)