

# Breakfast to Brushing to Blood Pressure™



**B**reakfast to Brushing to Blood Pressure™ is an interprofessional community outreach initiative created by The Children's Oral Health Institute to bring communities and health professionals. The program is currently in the pilot phase. This face to face, on the ground opportunity is where they can interrelate and work together for wellness outcomes. This community outreach provided by professionals from nutrition services, oral health and medicine will offer a meal, health and personal care products, educational materials, screening services, and dental and medical advice. The Breakfast to Brushing to Blood Pressure initiative serves as a pathway for oral health progress.

**Earn continuing education credit hours** while helping families recognize oral conditions connected to systemic illnesses. Teaching communities how to avoid unhealthy behaviors that can lead to chronic organ disease and other serious health problems can save lives.

